

Salto Gymnastics Club: Coaches and Volunteers Code of Conduct

- Uphold the well-being and safety of participants before the development and throughout all gymnastic based activities.
- ➤ Hold British Gymnastics coaching qualifications appropriate to the level of class being taught and valid current clear DBS checks, (please note that coaches are permitted to teach skills one level higher than the level of their qualification when under the supervision of a more highly qualified coach)
- > Develop an appropriate working relationship with all participants based on mutual trust and respect.
- Make sure all activities are appropriate to the age, ability and experience of those taking part and ensure that all participants are suitably prepared physically and mentally when learning new skills.
- > Attend punctually for scheduled classes.
- > Display consistently high standards of behaviour and appearance, dressing in appropriate uniform and not using inappropriate language at any time whilst involved with club activities.
- Maintain an understanding of Health and Safety issues. Report any possible hazards to the relevant Health and Safety Officer.
- > Be familiar with what is expected of you as a coach during an emergency evacuation procedure and act accordingly.
- Record all accidents or incidents via the Accident Forms.
- > Take appropriate action if he or she reasonably suspects that a participant or groups of participants are being subjected to bullying in the gymnasium.
- ➤ Understand and adhere to the Salto Gymnastics Club & British Gymnastics Social Media Policy & Safeguarding & Protecting Children Policy. (Copy given at Induction and Available on request from club or online on your British Gymnastics Coach Hub)
- Make a report to the Welfare Officer if he or she has reasonable concerns that any child may be the victim of abuse.
- > Where participants are to be entered for Competition, to ensure that they are entered at the most appropriate grade or level for their age, ability and personal desires and that they are able to safely perform the elements required.
- > Always identify and meet the needs of the individual gymnast, as well as the needs of the Team/Squad.
- Never exert undue influence to obtain personal benefit or reward. In particular, coaches/officials must not use their position to establish or pursue a sexual or improper relationship with a gymnast or someone close to them.
- Treat all information of a personal nature about individual gymnasts as confidential, except in circumstances where to do so will allow the child to be placed at risk of harm or continue to be at risk of harm.
- > Co-operate fully with other specialists (e.g. other coaches, officials, sport scientists, doctors, and physiotherapists) in the best interests of the gymnast.
- > Never encourage or condone gymnasts, volunteers, officials or parents to violate the rules of the club or the sport and report any violations appropriately.
- > Encourage and guide gymnasts to accept responsibility for their own behaviour and performance.
- Continue to seek and maintain their own professional development in all areas in relation to coaching of children.
- > For Health & Safety reasons fingernails should be kept short, hair tied back and jewellery removed.



Coach/Volunteers Acknowledgment:
Full Name:
Address:
By signing the above, you agree to the following:
(a) I agree to abide by the Rules and Regulations in the Salto Gymnastics Club Coaches & Volunteers Code of Conduct.
(b) I acknowledge that Salto Gymnastics Club Management may take Disciplinary Action against me if I breach the Salto Gymnastics Club Code of Conduct.
(c) I acknowledge that Disciplinary Action against me may include removal from my Coaching/Official Duties and/or suspension of my Coaching duties and Membership.
Signature:
Date: