

## **SALTO Gymnastics Charitable Foundation**



### Accessibility Policy

SALTO Gymnastics Club is committed to ensuring that our facilities, equipment, and activities are as accessible and inclusive as possible. We believe that everyone should have the opportunity to participate in gymnastics in a safe and supportive environment, regardless of disability, mobility, sensory needs, or personal circumstances.

This policy should be read alongside:

- SALTO Health & Safety Policy
- British Gymnastics Health & Safety Policy and Equality, Diversity & Inclusion Guidance (which supports equal access to gymnastics for people of all abilities).

Our aim is to continually review and improve accessibility within our building, programmes, and communication.

### 1. General Commitment

SALTO Gymnastics Club will:

- Promote an environment that is inclusive and welcoming to all.
- Make reasonable adjustments to support gymnasts, parents, staff, and visitors with disabilities or additional needs.
- Prioritise accessibility improvements within available resources.
- Respond sensitively and appropriately to individual access requirements.
- Regularly review our building, equipment, and processes to identify accessibility barriers.

### 2. Access to the Building

Already in Place

- Wide front entrance door suitable for wheelchair users.
- Level access at the entrance and throughout the reception area (no steps or slopes).
- Smooth, wheelchair-friendly flooring throughout public areas.
- A lift providing access to the first-floor café and viewing area for:
  - Wheelchair users - In an emergency, the lift must not be used. Individuals using the lift must be able to evacuate safely without it.
  - People with reduced mobility
  - Visitors with buggies



### 3. Kitchen & Toilet Facilities

#### Already in Place

- Level flooring throughout the reception, kitchen and toilet areas.
- Doorways of suitable width for wheelchair users, mobility aids, and buggies.
- A fully accessible toilet equipped for wheelchair users and those with mobility needs.

#### Still to Implement

Improved signage using visual symbols to support:

- People with reading difficulties
- People with cognitive needs
- Visitors whose first language is not English

### 4. Gym Facilities

#### Already in Place

- Changes in flooring surfaces are indicated with different colours to support users with visual impairments.

#### Still to Implement

- Enhance visual contrast and tactile indicators where remaining floor surface changes occur.

### 5. Programmes & Participation

SALTO aims to ensure all participants can take part meaningfully by:

- Offering adapted sessions and support for gymnasts with additional needs.
- Ensuring coaches follow British Gymnastics' inclusive participation principles, which emphasise enabling all abilities to take part safely and confidently.
- Encouraging open communication with families regarding access or support needs.
- Making reasonable adjustments where practical (e.g., adapted equipment use, alternative teaching methods, sensory considerations).

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#### 6. Communication & Support

SALTO will:

- Provide information in accessible formats where possible.
- Work with families to understand individual access requirements.
- Make welfare staff available to discuss support needs confidentially.
- Ensure staff are aware of access procedures and emergency evacuation considerations.

#### 7. Emergency Evacuation

- All visitors must follow the club's Emergency Evacuation Procedures.
- The lift cannot be used during an emergency.
- Individuals requiring assistance should inform the club so that an appropriate evacuation plan can be discussed and agreed.

#### 8. Ongoing Review & Feedback

We welcome feedback from members, visitors, and staff on accessibility improvements.

This policy, and all accessibility measures, will be reviewed annually or sooner if required.