



SALTO NEWSLETTER

January 2026

Dear Parents and Guardians,

We've had a fantastic start to the year! After celebrating our Winter Spectacular, the team returned to SALTO at the beginning of January feeling refreshed and ready to kick off 2026. We're looking forward to a year filled with growth, development, and plenty of fun. There are lots of exciting things coming up, so keep your eyes peeled on our social media!

Club Highlights

Rigs Service

In just 24 hours, a dedicated team of staff took up and put back the entire main floor as we welcomed TrampTech to service our floor and trampoline rigs. A huge thank you to everyone who helped make this happen we couldn't have done it without you!



NEW POS System

Over the past six months, we've been working closely with the POS team at FuseMetrix to prepare for its implementation in the club. We're excited to share that we've now fully transitioned to our new tills, which work seamlessly both online and in-club!

Upcoming Events

- WC 16th February: Half Term - We have lots on for all ages!
- First Saturday of Each Month - SEN Sessions 3.15pm-4.15pm
- Acro Mini Trials Sunday 1st March 11.00am-12.00pm
- Adult Gymnastics Classes every Tuesday 8.30pm-10.00pm

Reminders

Parking: Please park considerably around Camford Way.

Fees: COACHA fees are charged on the 28th of each month and must be paid before the first training session of the month.

SALTO Membership: Annual membership (£28) is required for all members across all classes. We changed the renewal date, this is a friendly reminder that this will be charged to your COACHA account on 1 April 2026, following this yearly cycle going forward renewing each April



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Competition Updates & Squad

Our Squads had a fantastic end to December and Beginning of January!



Tumbling Squad

21st December 2025

Our tumbling squads competed for the first time at Milton Keynes Gymnastics, and they did an amazing job especially for those experiencing their very first competition environment.

Results:

- Club 2 (9–10): Team Bronze & Team Silver
- Club 3 (9–10): Team Bronze
- Tayler also received an Individual Gold Medal

A huge well done to all the gymnasts and coaches we're incredibly proud of you all!

Acrobatic Squad

25th January 2026

All of our acrobatic squads competed at the Beds County Competition, held here at SALTO. It was a brilliant day for both gymnasts and coaches, with fantastic performances across the board. We're proud to have taken home a range of medals, from bronze through to gold!



WAG Squad

January 2026

Our WAG squad took part in the county trials, aiming to be selected for the 2026 Bedfordshire County Team. We're incredibly proud to share that six of our gymnasts were selected! A huge well done to all the gymnasts and coaches for their hard work and dedication.

Thank you to all of our members, parents and guardians for your continued support!



SALTO

FEBRUARY HALF TERM

MON 16TH

9.30am-11.30am
Playgym 0-7

2.00pm-4.00pm
121's

TUE 17TH

8.30am-4.00pm
Holiday Camp

12.30pm-2.30pm
Playgym 0-7

WED 18TH

9.30-11.30 Playgym

12.15pm-1.15pm
SEN Session

8.30am-4.00pm
Holiday Camp

THU 18TH

8.30am-4.00pm
Holiday Camp

12.30pm-2.30pm
Playgym 0-7

FRI 19TH

9.30-11.30 Playgym

11.45am-1.15pm 1-2-1

1.30pm-3.45pm
Masterclasses

BOOK NOW AT WWW.SALTOGYM.ORG



FEBRUARY HALF TERM SESSIONS!

**WE HAVE ATTACHED ALL
OF OUR ACTIVITIES FOR
THE HALF TERM TO
BOOK ANY OF THESE
CLICK THIS ICON  ON
THE PAGE!**



SEND STAY & PLAY

**0-14
years**

An open, parent-supervised, soft play session for
children with SEND & their siblings

 Wednesday 18th February

 12.15pm-1.15pm

 Open to SEND children only (unless attending as a sibling)

**£6.50 FOR X1 ADULT & X1 CHILD | + £6.50 PER
EXTRA SIBLING**

BOOK ONLINE NOW



www.saltogym.org

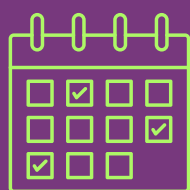


SALTO GYMNASTICS CLUB, 98 CAMFORD WAY, LU3 3AN

HOLIDAY CAMP



A FUN-FILLED, THEMED DAY OF CHALLENGING ACTIVITIES ON ALL GYMNASTIC APPARATUS AS WELL AS GAMES, ARTS & CRAFTS!



DATES

17th / 18th / 19th FEBRUARY



TIMES

9.00-12.00 or 1.00 - 4.00 HALF DAY £17.50

9.00-4.00 FULL DAY £35.00



ADD ONs

8.30-9.00 EARLY BIRD £3.00

12.00-1.00 LUNCH EXTENSION £4.00



MEMBERS AND NON MEMBERS WELCOME! AGE 5 & ABOVE



COME & JOIN US!



MONDAY | WEDNESDAY | FRIDAY 9:30AM-11:30AM

TUESDAY | THURSDAY 12.30PM-2.30PM

£8 PER CHILD

£1.50 PER ADDITIONAL ADULT

UNDER 6 MONTHS GO FREE!



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saltogc_luton



www.saltogym.org



saltogc_luton



Salto Gymnastics Club



Gymnastics Masterclass



FRIDAY 20TH FEBRUARY

1.30PM-2.30PM CARTWHEELS | HANDSTANDS | ROUND-OFFS

2.45PM-3.45PM HANDSPRINGS | FLICS | SOMERSAULTS

£10 FOR ONE SESSION | £18 FOR TWO SESSIONS



GYMNASTICS

1-2-1

SESSIONS

**LEARN & DEVELOP YOUR
GYMNASTICS SKILLS WITH
ONE OF OUR COACHES IN A
1-2-1 SESSION!**

MONDAY 16TH FEB AND FRIDAY 20TH FEB!

BOOK ONLINE VIA OUR WEBSITE WWW.SALTOGYM.ORG