

SALTO Gymnastics Charitable Foundation

Parents & Guardians Code of Conduct



At SALTO Gymnastics Club, we are committed to creating a safe, positive, and respectful environment for all gymnasts. We ask that all parents and guardians respect the club, its coaches, staff, and the sport of gymnastics at all times while attending or representing SALTO.

By enrolling your child at SALTO, you agree to uphold the following Code of Conduct:

General Expectations

- Encourage your child to learn and follow the rules of gymnastics and participate positively.
- Never force your child to take part in sport.
- Recognise and applaud good performances and sportsmanship from all participants.
- Respect the judgement and decisions of our coaches at all times.
- Use correct and appropriate language while on club premises.
- Refrain from spreading rumours or gossip about gymnasts, parents, or staff.
- Share any concerns or complaints through the appropriate channels by emailing your respective head of department or the management team. Social media must not be used to raise complaints.
- Any aggressive, abusive, or threatening behaviour will result in you being asked to leave the premises. You are also responsible for the behaviour of any family members or friends you bring to spectate.

Attendance & Participation

- Regular attendance is expected. If your child is unwell or unable to attend, please inform reception.
- Gymnasts must arrive ready to participate in their session.
- Membership and insurance must be completed within two sessions of starting at the club.
- Fees must be kept up to date. Failure to do so may result in refusal of participation.

Safety Responsibilities

- Parents/guardians are responsible for their child's safety before and after sessions.
- Children must be collected promptly from designated collection areas.
- Do not wait in the car or send an older sibling to collect your child. Collection must be by a parent/guardian or an approved adult.
- Do not allow children to run freely in the car park. They must be supervised at all times.
- Drive at the designated speed and follow all road safety signage. Park sensibly and legally. Do not block access or ignore neighbouring property rules.

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Medical & Emergency Information

- Inform the club of any medical conditions, allergies, medication requirements, or additional support needs.
- Keep emergency contact details up to date at all times.
- Ensure that this is updated regularly

Attire & Appearance

- No crop tops or similar clothing, No Skirts/Dresses
- Children must wear appropriate attire, leotards, unitards, t-shirts, shorts, leggings, tracksuit bottoms
- Hoodies are not permitted to be worn during training
- No zips, buttons, or Velcro on clothing.
- All jewellery must be removed in line with the British Gymnastics Piercing and Adornments Policy.
- Only water is permitted in the gym hall. No juice, fizzy drinks, or flavoured water.

Club Environment

- Respect the club facilities. Graffiti or mistreatment of communal areas will not be tolerated.
- Follow all spectating area/balcony rules, including those relating to photography and videography.
- Balcony Rules (these are displayed on the balcony) – Parents must be sat on the red bleachers for viewing and spectating, we do not permit people standing on the mezzanine area or at/around the coffee bar (as this is a staff only area).

We have these rules in place to support the health and safety of all visitors and spectators at SALTO.

Rules displayed:

- No Photography is permitted, this is inclusive to video calls - This is to safeguard all of our participants/coaches.
- Everyone must be seated on the bleachers, we do not allow standing up at the balcony.
- Children not in sessions and attending with parents/guardians, MUST be supervised at all times, this includes when going downstairs to the toilets.
- No Gymnastics/Running around is permitted on the balcony area.
- No access is permitted behind the Coffee Bar
- Please do not plug personal devices into our sockets.

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- Parents must not:
 - Use abusive language.
 - Shout at or argue with coaches, officials, or staff.
 - Bully or intimidate any gymnast or child.
 - Spread rumours about gymnasts, parents, or staff.
 - Bring harm (physical or emotional) to any member of the club.

Agreement

By enrolling your child at SALTO Gymnastics Club, paying club fees, and attending the club premises, you confirm that you have read, understood, and agree to uphold this Parents & Guardians Code of Conduct. SALTO Gymnastics Club reserves the right to take appropriate action, including suspension or termination of membership, where this Code of Conduct is breached.